### TO PICK AT -

| Flash shallow fried padron peppers with sea salt 6 0 0  | . £5.95 |
|---|---------|
| Home marinated giant gordal olives @ O @  | . £4.25 |
| Dates wrapped in smoked crispy bacon  | . £4.75 |
| Pan fried almonds with smoked paprika and sea salt @ @  | . £3.95 |
| Rustic chips @ O ©  | . £4.25 |
| Sweet potato fries  | . £4.50 |
| Fresh sourdough bread rubbed with tomato olive oil & sea salt (Add jamon for £2.00) <b>© (</b> 5) | . £4.25 |
| Freshly baked breads with olive oil & px sherry vinegar •   | . £3.95 |
| Gluten free rustic breads with olive oil & px sherry vinegar •                                    | . £4.25 |
| Sourdough brushcetta with fresh tomato salsa  | .£5.50  |
|   |         |

## MFΛT

| MEAL  |       |
|---|-------|
| Lamb, chilli & mint meatballs in a rich tomato sauce 6  | £7.25 |
| Pan fried chorizo with shallots & red wine •  | £6.75 |
| Chicken & chorizo skewers with a romesco sauce  | £7.50 |
| Px pulled pork & piquillo pepper on toasted sourdough   | £7.25 |
| Ham croquettas with sea salt  | £6.50 |
| Slow roasted belly of pork with caramelised apple & sidre jus   | £7.50 |
| Px braised pig cheeks with roast garlic mash & crispy parsnip 6   | £7.50 |
| Pan fried chicken livers, pancetta, shallots & garlic deglazed with px sherry and finished with cream 6 | £6.75 |
| Grilled flatiron steak with a balsamic, garlic & red wine jus 6   | £7.25 |
| Crispy sesame chicken with a honey & bbq glaze  | £6.95 |
| Morcilla (Spanish black pudding) with crushed crouton, piquillo pepper & fried hens egg                 | £6.95 |











### — VEGETABLES AND WARM CHEESES —

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# FISH -

San Miguel battered hake with aioli 

£7.50

| Lightly dusted salt & chilli calamari with aioli (Add chilli flakes for 25p) $\odot$ £7.50 |
|--|
| Pan fried gambas with chillis, garlic, lemon & olive oil 6 £6.95                           |
| Pan fried sea bass with tender stem broccoli, crushed almond, capers & chilli flakes •     |
| Fresh crab tostados with a hint of citrus  |
|  |

Seared scallops with spiced cauliflower & chorizo crumb 6...... £9.50

#### **CHARCUTERIA** -

| Chorizo iberico from Montanegra 6     | £4.95  |
|---------------------------------------|--------|
| Somalo lomo iberico – Cured pork loin | £4.95  |
| Somalo serrano iberico 6              | £6.25  |
| Selection of the above charcuteria    | £11.95 |

### **REGIONAL CHEESES -**

| Montbru garrotxa (Goats cheese) with fig relish£5   | 5.73 |
|---|------|
| Queso manchego villadiego & quince paste            | 1.9  |
| Mahon son mercer de baix & quince paste             | 1.9  |
| Picos blue vega de Llos Valedeon IGP & quince paste | 1.9  |
| Selection of the above cheeses & accompaniments£11  | 1.93 |

All cheeses served with rosemary & garlic toasts

### **PLATO PRINCIPAL**

A few main meals we have for the larger appetite

Grilled chicken breast with sauteed potatoes & the choice of the following sauces - creamy white wine, garlic & mushroom or tangy bravas sauce with crispy chorizo & shaved manchego 
\$\omega\$ ......£17.95 10oz ribeye steak, grilled tomato, sauteed mushrooms 

Add a sauce to your steak .....£2.00 Pink peppercorn sauce / creamy mushroom & white wine sauce / red wine, garlic & balsamic jus

#### CHILDRENS MEALS AVAILABLE (£4.50) -

- Lamb chilli & mint meatballs & chips
- Battered hake goujons & chips
- Chicken bites & chips

Foods prepared on these premises are cooked in vegetable oil that is derived from genetically modified soya. If you have any other dietary requirements then please ask a member of staff and we will be happy to advise.





La Cocina - Tapas Menu A3 (Spring) 2024 (Visual 2).indd 1 11/04/2024 18:21



La Cocina - Tapas Menu A3 (Spring) 2024 (Visual 2).indd 2