

Allergens Information La Cocina Tapas Ltd

All dishes below are as they are served on the menu

All care has been made to ensure all dishes are free of contamination but please bare in mind all allergens listed are used within the kitchen premisses.

Denotes that the dish contains the corresponding Allergen

Denotes that the dish may contain traces of the corresponding Allergen.

[illegible]

[illegible]

Mahon														
Picos Blue														

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<u>Allergens</u>	<u>Celery</u>	<u>Cereals containing gluten</u>	<u>Crustacean</u>	<u>Eggs</u>	<u>Fish</u>	<u>Lupin</u>	<u>Milk</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphur Dioxide</u>
Selection Of Cheeses														
<u>Plato Principal</u>														
Ribeye Steak														
Chicken Breast														
Peppercorn Sauce														
White Wine Sauce														
Tomato & Chorizo Sauce														
<u>Desserts</u>														
Brownie														
Sticky Toffee Pudding														
Vegan Brownie														
Ice Cream														
Santiago Tart														
Belgian Waffle														
Panna Cotta														
Chocolate Fudge Cheesecake														
<u>Kids Meals</u>														
Hake & Chips														
Meatballs & Chips														
Tortilla & Chips														

****Please Note Some Products On The Menu Are Fried in Oil Made With Genetically Modified Soya****

